



# NEUROPHYSIOLOGY & OVERCOMING TRAUMA: UNDERSTANDING INDIVIDUAL CHALLENGES

webinar available now!

## KEY TAKEAWAYS

This webinar explores the health effects of stress and the impact of a person's environment. To support those affected by trauma, it is important to

- Understand the neurophysiology of a stress response;
- Facilitate the process of healing through adversarial growth, cognitive behavioral therapy, and support systems;
- Offer a safety net of services; and
- Recognize an individuals' personal journey and connection to others.

Through this, one can realize a common human bond with people struggling to overcome trauma who may have had different nature or nurture experiences than oneself.

[CLICK HERE TO VIEW WEBINAR](#)

## OTHER RESOURCES

**Sexual Assault Reform**  
[Sexual Reform Resources](#)

**Online Glossary**  
[Multidisciplinary Sexual Violence Glossary](#)

**Webinar**  
[Collaboration Enhances Trauma-Informed Response to Sexual Assault Survivors](#)

## PRESENTER: DR. PATRICIA SPECK

Dr. Patricia Speck is a professor, Board-Certified Family Nurse Practitioner, and coordinator of the graduate Advanced Forensic Nursing program and is an expert in advanced forensic nursing care of patients experiencing an intersection with the legal system.



## ATTENDEE INTERACTION FROM KEY AUDIENCE SEGMENTS



**"Trauma *can be* reversible."**  
— Victim Advocate Attendee

**"The speaker integrated multiple concepts and different areas of research in such a wonderful way."**  
— Forensic Nurse Attendee



**"Learned a great deal regarding how trauma affects the brain."**  
— Law Enforcement Attendee



To access the Sexual Assault Reform Resources, visit <https://forensiccoe.org/sexual-assault/sexual-reform-resources/>.